

## Weardale Adventure Centre Sample 5 Day Programme

Day	AM 9.00am – 12.00pm	PM 1.00pm – 4.30pm	Evening 7.00pm – 8.30pm
Monday	Arrival and briefing	Canoeing	Nightline
Tuesday	Rock Climbing	Archery	Quiz Night
Wednesday	River Walk	Bushcraft	Camp Fire
Thursday	Underground Exploration	Crate Stack	Disco
Friday	High Ropes	Depart	